

## MY CONFIRMATION NAME IS...?

*Choosing a Confirmation name is a long-standing tradition in the Catholic Church. It is symbolic of a new stage in life, as we see in the Old Testament when Abram becomes Abraham and Jacob becomes Israel. In the New Testament Jesus personally gives Simon his new name of Peter, and later Saul becomes Paul after his conversion from persecutor to disciple.*

*Confirmation names are usually those of saints who dedicated their lives to serving God and spreading His message of salvation. They are examples to us of how to live as disciples of Christ. They are ordinary people like us but led extraordinary lives by choosing to put Christ first.*

*Each saint has his or own story to tell. Research the lives of some of the saints. Find one (male or female) who you can identify with—one who you could turn to for encouragement in challenging times. It is the name of this saint that you should choose as your Confirmation name. It will become a symbolism of the next stage in your Catholic journey.*

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**Your Name**

**Middle Name**

**Last Name**

**Confirmation Name:** \_\_\_\_\_

What other saint names did you consider? \_\_\_\_\_

### **Brief biography of saint**

Who is the saint? \_\_\_\_\_

Approximate dates of birth and death: \_\_\_\_\_

Country in which the saint lived and/or worked: \_\_\_\_\_

Who/What is the saint the patron of? \_\_\_\_\_

When is the feast day of this saint? \_\_\_\_\_

Reason for choosing this saint (50-75 words): \_\_\_\_\_

(continued on back)

What qualities do you admire most about this saint? (50-75 words) \_\_\_\_\_

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What important lesson did you learn from the way this person lived?

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What qualities/characteristics do you share with this saint? \_\_\_\_\_

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If you could ask this saint one question, what would you ask? \_\_\_\_\_

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Resources used for your research: \_\_\_\_\_

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